



ŠPORTOVÝ KLUB

Taekwon-Do GE-BAEK Prešov

**8th PRESOV OPEN 2010  
INTERNATIONAL TOURNAMENT  
TAEKWON-DO ITF**



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**TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA**

**12. – 13. 3. 2010  
CITY SPORT HALL PRESOV, SLOVAKIA**

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TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

Dear President, Master or Instructor,

This is to invite You to the 8th Presov Open - Taekwon-Do ITF Competition. It will be held in Presov, Slovakia (East Slovakia) from March 12th to 13th, 2010. The competition will be for children, juniors and seniors coloured and black belts, male and female. Event including: individual pattern, sparring, special technics and power breaking and team sparring.

The Presov Open has been an annual event since the year 2002, when was the first pilot competition. We guarantee the high level of the competition. The Organizing Committee of Presov Open is the same as was in 13th junior and 22th senior European Taekwon-Do ITF Championship in 2007.

We are looking forward to your participation.

Peter Magda

The president of Sport Club Taekwon-Do Ge-baek Presov

### *General Informations*

#### **1. HEAD OF ORGANIZING COMMITTEE:**

Peter Magda, tel.: ++421 905 627 307, e-mail: [peter.magdal@gmail.com](mailto:peter.magdal@gmail.com)

#### **2. ORGANISER CONTACTS:**

Peter Magda, tel.: ++421 905 627 307, e-mail: [peter.magdal@gmail.com](mailto:peter.magdal@gmail.com)

Martina Lenhardtová, tel.: ++421 905 841 128, e-mail: [msemesiova@gmail.com](mailto:msemesiova@gmail.com)

Vladimír Gajdoš, tel.: ++421 905 836 173, e-mail: [gajdosv@condornet.sk](mailto:gajdosv@condornet.sk)

Martina Tverdiková, tel.: ++421 905 590 677, e-mail: [martina.tverdikova@gmail.com](mailto:martina.tverdikova@gmail.com)

#### **3. DATE AND PLACE:**

March 12th – 13th, 2010 – Prešov

#### **4. SPORT HALL AND ADDRESS:**

City sport hall - Mestská športová hala v Prešove

Street: Jána Pavla II., č. 2, Prešov

#### **5. DIVISION/CATEGORIES:**

- divisions/categories must consist of two or more competitors – if there is only one competitor he/she will compete in a lower or higher category or division,
- black belts m/f, coloured belts m/f,
- children (1996, 1997 and younger), juniors younger (1995, 1994), juniors older (1992, 1993), seniors (from 1991),
- the competitors have to have doctor control not older then 1 year.



#### **PATTERN DIVISIONS CHILDREN/JUNIORS/SENIORS M/F:**

- the competition is for competitors who have 9.kup and higher,
- pattern finals – one designated and one optional pattern,
- categories: 9-8 kup, 7-6 kup, 5-4 kup, 3-1 kup, 1 dan, 2 dan and so on.
- note: juniors in pattern divisions are not divided into juniors younger and juniors older

#### **SPARRING DIVISIONS CHILDREN /JUNIORS YOUNGER/JUNIORS OLDER/SENIORS– WEIGHT CATEGORIES M/F:**

- from 6. kup and higher,
- children – male (1998, 1997, 1996): -35kg, -40kg, -45kg, -52kg, -60kg, over 60kg,
- children – female (1998, 1997, 1996): -35kg, -40kg, -45kg, over 45kg,
- juniors younger male: -48kg, -54kg, -60kg, - 66kg, over 66kg,
- juniors younger female: -45kg, -49kg, -53kg, -57kg, over 57kg,
- juniors-older male: -52kg, -58kg, -63kg, -70kg, over 70kg,
- juniors-older female: -45kg, -50kg, -55kg, -60 kg, over 60kg,
- seniors male: -54kg, -63kg, -71kg, -80kg, over 80kg,
- seniors female: -52kg, -58kg, -63kg, -70kg, over 70kg,
- finals 2x2 minutes,
- all children and juniors have to wear head guard protectors during the sparring.

#### **NEW!!! TEAM SPARRING DIVISIONS JUNIORS/SENIORS M/F**

- juniors are not divided into juniors younger and juniors older,
- team consists of 3 persons,
- the possibility to combine several practitioners of clubs into one team.

#### **SPECIAL TECHNICS DIVISIONS CHILDREN/JUNIORS YOUNGER/JUNIORS OLDER/SENIORS M/F:**

- from 8. kup and higher,

Technics	Children male	Children female	juniors younger male	Juniors younger female	Juniors older male	Juniors older female	Seniors male	Seniors female
Twimyo nopi apchagi	190 cm	175 cm	230-250 cm	190-210 cm	240-260 cm	200-220 cm	260-280 cm	220-240 cm
Twimyo dollyo chagi	175 cm	160 cm	210-230 cm	180-200 cm	220-240 cm	190-210 cm	240-260 cm	200-230 cm
Twimyo jopcha jirugi	165 cm	150 cm	200-260cm	130-190 cm	230-290 cm	150-210 cm	250-320 cm	170-230 cm

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• high	50 cm	40 cm	50 cm	40 cm	60 cm	50 cm	70 cm	60 cm
Twimyo bandae dollyo chagi	---	----	---	----	210-230 cm	---	220 – 240 cm	---
Twio dolmyo yopcha jirugi	---	----	---	----	210-230 cm	---	220 – 240 cm	---

## **POWER BREAKING DIVISIONS JUNIORS OLDER/SENIORS M/F**

- from 2. kup and higher,

technics	Sonkal yop taerigi	Yopcha jirugi	Dollyo chagi	Ap yoomuk jirugi	Bandae dollyo chagi
J. older M	2 boards	3 boards	2 boards	1 boards	1 boards
J. older F	1 board	2 boards	1 board	---	---
Senior M	2 boards	3 boards	2 boards	2 boards	2 boards
Senior F	1 boards	2 boards	2 boards	---	---

**The organiser can change divisions according to participation.**

## **6. AWARDINGS**

- Patterns, sparring divisions: 1, 2 a 2x3 places, medal and diploma,
- Special technics, power breaking: 1, 2, 3 place, medal and diploma,
- The best club will get the main price – Cup of Mayor of City Presov, clubs in 2nd and 3rd place will also be awarded.

## **7. ENTRANCE FEE:**

- 1 discipline: **15 Euro**,
- 2 disciplines: **20 Euro**,
- 3 - 4 disciplines: **25 Euro**.

The entry fees should be paid only in Euro and cash at registration. Credit cards or other payments than cash will not be accepted.

## **8. INSURANCE:**

- all competitors must have full insurance coverage for eventualities.

## **9. ACCOMMODATION :**

**We offer you this possibilities of accommodation:**  
(price is for 1 person per night)



**TYP A1:** YOUTH HOSTEL – 500 m from hall (accommodation is as in a flat, one flat includes 2 rooms (double and triple bedrooms), toilet, bathroom, capacity 40 places): 12 Euro

**TYP A2:** PRIVATE A.– 500 m from hall (25 places): 12 Euro

**TYP B:** PENSION – 300 m from hall (double bedrooms with toilet, bathroom, capacity 60 places): 20 Euro

**TYP C:** accommodation in City sport hall – 14 rooms: double bedrooms: 20 Euro, apartments (2 apartments for 3 persons, 2 apartments for 2 persons): 25 Euro

## **BOOKING**

All bookings of accommodation and possible changes in the reservations are made only by the Organizing Committee.

**NOTE:** opportunity to purchase your breakfast in the sports hall (2-3 €)

## **10. COACHES:**

- Coaches must wear a training suit and gymnastic shoes and must accept and result given by the umpires as protest will not be accepted
- The coaches meeting will take place on Friday the 12th of March at 8.30 a.m. in City sport hall.

## **11. UMPIRES :**

- Umpires have to wear the official dress.
- We would like to ask you to secure min. one umpire per club:  
1 – 10 competitors – club has to secure min. one umpire, if not, the penalty is 30 Euro.  
Over 20 competitors – club has to secure min. two umpires, if not, the penalty is 60 Euro.
- Umpires can also compete only after agreement with organizing committee.
- The Organizing committee will pay for umpires a meal and accommodation.
- The umpire meeting will take place on Friday the 12th of March at 8.30 a.m. in City sport hall.

## **12. REGISTRATION AND WEIGHT IN**

- The Registration and weight in will take place the 11th of March between 5 and 11 p. m. in The City sport hall.
- Address: City sport hall - Mestská športová hala, Jána Pavla II. 2, 080 01 Prešov

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# PRESOV OPEN

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- All competitors have to show during the registration their passport or another identification document.
- The Registration and weight in for clubs, which will arrive on Friday the 12th of March will be between 8 and 9 a. m. in The City sport hall.

## 13. ADDITIONAL FEE

As there has been too many last minute changes in the entries the last years, which has caused problems for the Organizing Committee – the decision to introduce an additional fee for changes has been made.

- Apply after deadline – the penalty is 10 Euro per club.
- For every change in application form on the registration day - the penalty is 5 Euro.

## 14. PRELIMINARY TIMETABLE:

### 11. 3. 2010:

17:00 – 23:00 registration, weight in

### 12. 3. 2010:

08:00 – 09:00 registration, weight in  
08:30 – 09:30 coaches and umpires meeting  
10:00 - 17:00 competition /medal awarding  
18:00 -20:00 official opening ceremony  
finals/medal awarding

### 13. 3. 2010:

08:30 – 09:00 coaches and umpires meeting  
09:00 – 16:00 competition /medal awarding  
16:00 – 17:00 closing ceremony

## 15. ENTRY FORMS :

- The forms /competitor entry forms and accommodation forms/ please send to:



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Taekwon-Do GE-BAEK Prešov

Prostejovská 32, 080 01 Prešov



FAX: ++421 51 3902051

E-mail: [peter.magdal@gmail.com](mailto:peter.magdal@gmail.com)  
[msemesiova@gmail.com](mailto:msemesiova@gmail.com)

We accept only entry forms fill in PC

**Registration deadline is on March 5th, 2010.**

**YOU ARE WELCOME**

**www.gebaek.sk**